

# Diabetic Retinopathy Detection using Convolutional Neural Network

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## ABSTRACT

DL (deep learning) provides it less difficult to develop computer models with several processing layers that are able to produce learning data representations at numerous degrees of abstraction. Deep learning is an innovation that has been gaining considerable acceptance in recent years due to its prospective applications in image processing, data analysis, among additional fields such as bioinformatics and medical image analysis. DL Additionally, algorithms have significantly improved screening, authentication, segmentation, prediction, and classification applications worldwide several healthcare domains, especially those relevant to the abdomen, heart, pathology, and retina. Considering advantage of substantial amount of recent scientific contributions in this field, an in-depth evaluation of deep learning improvements in diabetic ketoacidosis The present paper includes (DR) analysis, comprising screening, segmentation ,prediction, classification, and validation. Critical assessments of the various distributed addresses' advantages and drawbacks have yielded conclusions which add to determine areas that are in requiring additional research and future challenges that will assist the scientific community develop more thoroughly learning algorithms that are more precise, trustworthy, and effective for all of the challenges associated with the monitoring and diagnosis of anxiety and depression.

**Keywords:** *Dataset of retinal images (Myelinated nerve fiber, Preretinal hemorrhage; VKH disease, Normal);CNN*

## INTRODUCTION

Diabetes has consistently been a blood sugar imbalance that compromises an individual's body's capacity to use carbohydrate. The body's decreased production of insulin is the main cause of this. An excess of glucose accumulates in a person's circulation when their cells cease reacting to insulin. This exacerbates existing Medical problems such as heart disease, renal failure, and perception loss. Early identification of diabetes is therefore essential as treatments could prevent catastrophic effects. the various kinds of diabetes are Diabetes is frequently categorized as Type 1, Type 2, or "Gestational diabetes". Type 1 diabetes are the most prevalent age categories within which type 1 diabetes is diagnosed are adolescents and kids. the immune system of the person experiencing type 1 diabetes targets cells that produce insulin in the pancreas. Diabetes type 2 occur When a person's body ceases responding to the insulin that the pancreas produces, type 2 diabetes results. Eventually, the pancreas stops producing enough insulin. Usually, a combination of environmental and genetic factors produces it. Gestational Diabetes Another name for diabetes that develops during pregnancy is gestational diabetes. Changes in hormones during pregnancy constitute the cause of this diabetes. The body's sensitivity on insulin can be diminished by placental hormones. Pregnancy-related increased blood sugar levels may result from this.

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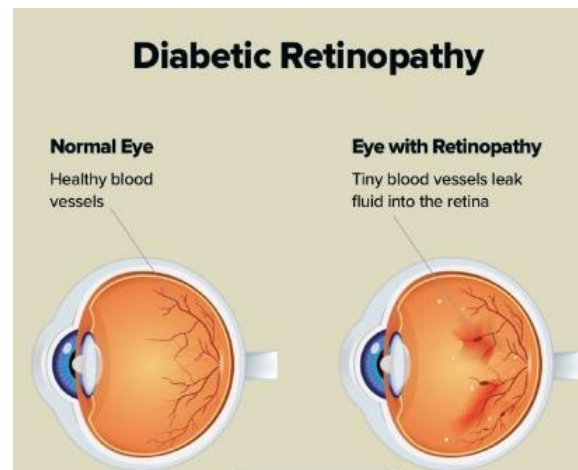


Fig 1. Diabetic Retinopathy Disease

## DIABETIC RETINOPATHY

Diabetic individuals are more inclined to be diagnosed with the eye disease referred to as diabetic retinal degeneration. Elevated The blood vessels inside the retina become damaged by blood sugar when this occurs. They could enlarge and start to leak. Alternatively, they can shut down and stop the blood flow. Occasionally, unusually new blood vessels might grow on the retina. These diverse alterations may have a negative impact on an individual's vision, as they pertain to visual comprehension. Diabetic retinopathy does not exhibit any noticeable symptoms in its early stages. Nonetheless, some people have modifications in their eyesight. The retinal veins begin to bleed into the vitreous, a gel-like fluid that develops in the eye when diabetic retinopathy (DR) progresses. In addition, it promotes the development of black streaks that resembling spider webs and predominantly brought about by clotted blood and other blood fluids. It is essential to get medical attention as promptly as it's possible since postponing care could result in eye scarring. Furthermore, leakage of these blood vessels can worsen. Initial identification may lessen the repercussions of the disorder while preventing greater degrees of DR from emerging that could jeopardize vision. There are two main stages of DR based on the extent of damage, these are:

### A. NPDR (non-proliferative diabetic retinopathy)

During this stage of DR, retinal blood vessels start to degrade. Additionally, tiny bulges periodically emerge from the retina's miniature arteries, permitting blood and fluid to navigate. Furthermore, larger retinal vessels may gradually expand and vary in diameter. NPDR can deteriorate and get increasingly restricted with blood vessel. become more severe. Oedema may occasionally accumulate due to retinal blood vessel damage in the retina's macular area. If macular oedema compromises vision, treatment must be administered for avoiding long-term vision loss. On occasion, disturbance to the retina's artery network might give rise to the immune system of the person experiencing type 1 diabetes affects the cells that create insulin in the pancreas. In the occurrence that macular oedema compromises vision, treatment must be undertaken avoiding permanent vision loss.

### B. PDR (proliferative diabetic retinopathy)

Compared to NPDR, The more severe kind of diabetic retinopathy is referred to as PDR. It stimulates the retina's new blood vessels for development. Given their fragility, the blood may seep from these newly formed blood vessels into the vitreous, which comprises the interior components of the eye. The retina gradually separates from the posterior part of the eye due to the scar tissue produced by these new blood vessels. An expanded eyeball could occur from the extra blood vessels disrupting the eye's regular flow of fluid. This accumulation could damage the optic nerve, which The additional blood vessels could lead to the usual fluid flow in the eye to be disrupted, contributing to an expanded eyeball. The optic strength may be harmed by this accumulation of matter, which Effectiveness Components These are some factors that could improve an individual's probability of finding DR: Poor control of blood sugar level, High BP, Pregnancy, Inflated Cholesterol The use of Tobacco DR can also lead to various

complications, some of which are:

- Vitreous hemorrhage: The fluid in the middle of the eye is called vitreous. It is transparent. This issue arises when blood vessels that have just grown leak into the vitreous. If bleeding is not severe, a person may observe a few black dots.
- Retinal detachment: The retina gradually separates from the posterior part of the eye due to the scar tissue produced by these new blood vessels. This causes bright flashes, loss of vision, etc.
- Glaucoma: When the newly formed blood vessels start to obstruct flow of fluid outside the eye, the pressure inside eye rises. This pressure has the potential to harm the visual nerve.
- Blindness: Vision loss can result from diseases such glaucoma, macular oedema, and diabetic retinopathy

## RELATED WORK

Mellitus disease that can be prevented through, lifestyle modification, diet control, and control of overweight and obesity. Education of the populace is still key to the control of this emerging epidemic. Novel drugs are being developed, yet no cure is available in sight for the disease, despite new insight into the pathophysiology of the disease[2]. The patients in this study had a longer duration of diabetes (mean  $10 \pm 0$  years vs. median  $5 \pm 1$  years) and a higher prevalence of pre-existing DR (50% vs. 8%) at baseline. However, the overall results of the ACCORD-Eye study were consistent with those observed in the FIELD study[5]. Diabetic Retinopathy detection of Retinopathy images is very essential to get proper features. Statistical values can predict level of severity properly but in case of noisy images the chances of getting poor data will lead to lower accuracy. For getting better result selecting for proper features out of the image also important[6]. Debilitating diseases worldwide is about 63 million people, 1 in 11 are affected by DM, and 1 in 2 people are undiagnosed. The most threatening microvascular complication of DM is Diabetic Retinopathy (DR). Early detection of DR is essential for treatment success. However, at the early stage, this disease has no specific symptoms, therefore making it really challenging to diagnose[9]. A optical coherence tomography (OCT) image-based automatic detection deep model, referred to as OCTD\_Net, that generated a grade between 0 and 1 was presented. This detection model, known as OCTD\_Net, consisted of two networks, Org\_Net and Seg\_Net, of which the former, Org\_Net, used DenseNet blocks integrated with squeeze-and-excitation blocks for the extraction of the features from the OCT images, while the Seg\_Net comprised a ReLayNet layer.[12]

## METHODOLOGY

### A. Structure of the Project

Developing a Deep Learning model for Diabetic Retinopathy involves several steps, data collection to model evaluation. Here's a general workflow: Collected the dataset of the retinal images and for that images have done the preprocessing and training of the CNN Algorithm and save the model. After saving the model dump that model into the classification it detects the what type of the diabetic retinopathy.

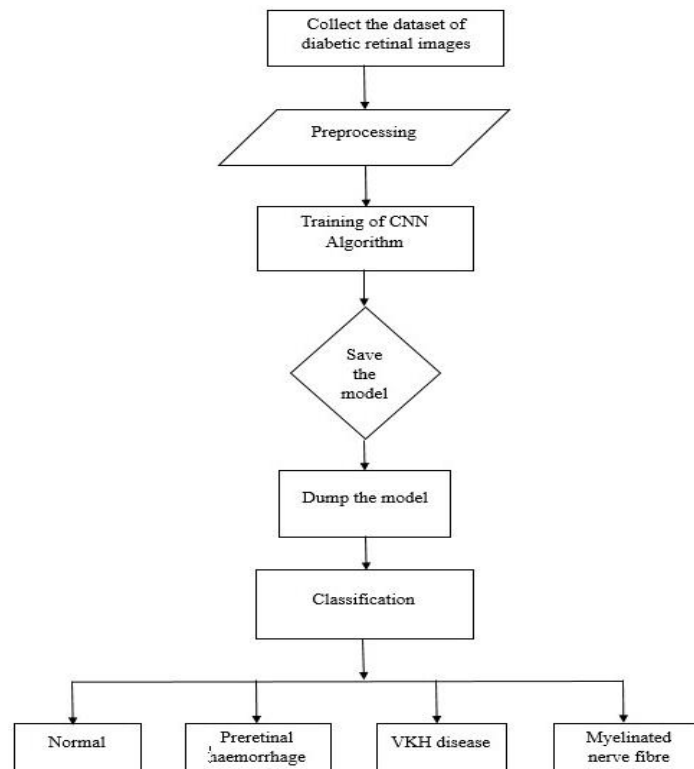


Fig 2. Block Diagram

### B. Data Collections

Compile a dataset of retinal pictures with the phases of diabetic retinopathy identified on them. Myelinated nerve fibre, normal, posterior haemorrhage, and VKH illness. This dataset ought to be big enough and varied enough to include all the many ways the disease manifests itself. kaggle is a well-known online data repository where users may search through a large collection of retinal photos classified with diabetes-related retinopathy stages, along with additional disorders including myelinated nerve fibre, retinal haemorrhaging and VKH illness. The datasets that might contain the visual tapestries of retinal pictures decorated with the complex patterns of diabetic retinal degeneration and its various stages, along with the unusual appearances of myelinated when muscles cable, preretinal haemorrhage, while VKH disease, are hidden away in the vast hallways of kaggle's repositories

### C. Data Preprocessing

Prepare and enhance your dataset on diabetic retinopathy. Divide the information into test, validation, and training sets. Grayscale images and the resize technique are used for preprocessing. Preprocessing is the process of bringing together different components of the dataset to promote consistency and clarity. It's similar to turning raw metal into shiny gold. Preprocessing for retinal pictures may include several transformational processes, such as grayscale conversion. image resizing guarantees consistency in dimensions, much like melding unfinished marble into homogeneous blocks. This method allows for smooth incorporation into artificial intelligence frameworks while also conserving computing resources. Convolutional Neural Networks (CNNs) require preprocessing as a crucial step to effectively prepare raw input data such as images for training and inference. Preprocessing, as applied to CNNs, helps the network better extract useful features from the info without reducing noise and variation from possible sources. One essential preprocessing step to guarantee consistency in input picture dimensions is resizing. For CNNs to operate efficiently and share parameters throughout layers, input pictures frequently need to have uniform sizes. Memory limitations and computational inefficiencies are also avoided with resizing. Images are usually downsized to a certain

size that is predefined, such 224 x 224 frames or 256x 256 pixels, based on the specifications of the CNN system that is being used.

#### *D. Normalization*

The process of normalization brings input images pixel values into a common scale, often falling between [0, 1] and [-1, 1]. By guaranteeing that the input features have comparable magnitudes, this phase helps stabilize the training process and avoids problems like disappearing or expanding gradients during reverse propagation. Normalization can be carried out using the dataset's statistical features, including mean and standard deviation, or by dividing the values of the pixels by the highest intensity value (255, for example, in the case of 8-bit photos). Converting photos to grayscale is important when handling colour images. There are situations when the work at hand may not require colour information, or where employing grayscale photos might simplify calculation.

#### Grayscale Conversion

The process of converting RGB pictures to one- channel grayscale representations is known as grayscale conversion. This is appropriate for situations where information regarding colours is not crucial since it reduces the amount of input data while maintaining important picture attributes. By utilizing two algorithms, you can get different viewpoints and perhaps improve your model's overall performance. For image classification tasks, for instance, let's look at using a Convolutional Neural Network

#### Convolutional neural network Custom CNN architecture

Create and put into use a unique CNN architecture that is suited to your purpose and dataset. Depending on the target classes and the complexity learning your data, you can construct numerous layers based on convolution, pools, and fully linked layers.

#### Freezing Pretrained Layers

Pretrained layer in CNN must be frozen to preserve the information acquired during transfer learning from a sizable dataset. Novel task-specific layers are superimposed over a pretrained model once it has been loaded. Their weights are configured to be non- trainable so that just those newly added layers are changed during training, preventing the pretrained. layers from being altered. This technique makes use of the generic features that have already been recorded to assist avoid overfitting to the new task's limited data. The frozen layers can serve as feature extractors since they continue to be equipped to distinguish between structure and pattern from their original training. With smaller datasets, this method is especially helpful since it makes the most out of the preconditioned model's learnt representations. As a strong base, the frozen layers improve model performance and has ten convergence during training. Usually, frozen layers are selected according to where they are in the network and whether they collect information related to a job. All things considered, freezing previously trained layers constitutes a clever transfer learning strategy that finds a balance between applying prior knowledge and changing to a new task.

#### *E. Classification*

The picture of the retina has been loaded, prepared to be segmented, and the GUI (Graphic User Interface) is employed in order to categorize it.

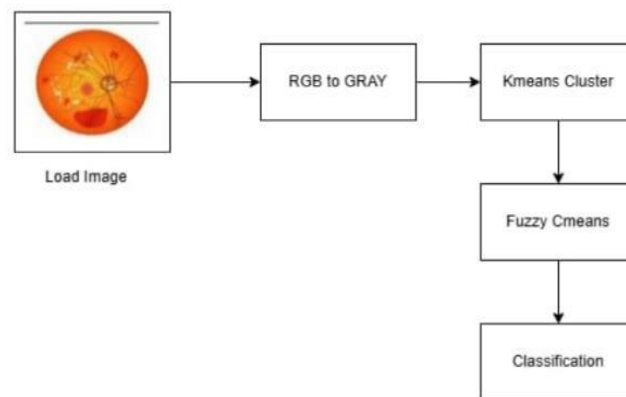


Fig 3. CNN Architecture

Creating a dataset of retinal photos entails assembling a sizable collection of excellent pictures of human retinas for application in numerous contexts, including as machine learning models, medical research, and creation diagnostic tools. One frequent preprocessing step, particularly in image analysis jobs, is to convert RGB (Red, Green, and Blue) pictures to grayscale. A well-liked unsupervised machine learning technique for grouping related data points and segmenting images is K-means clustering. K-means clustering may be used to group images or areas with similar properties in retinal pictures. An effective clustering approach for image segmentation applications is fuzzy C-means (FCM). Fuzzy C-means permits every point of data (in this example, pixels in a visual picture) to be an element of a number of clusters with different levels of membership, in contrast to the conventional K-means method. For every cluster, FCM gives each pixel a membership number that represents how much that pixel belongs to the corresponding cluster. Using Convolutional Neural Networks, to predict diabetic eye disease from retinal pictures entails utilizing deep learning to automatically detect pathological alterations linked to diabetes in the retina. Diabetes frequently results in diabetic retinopathy, a condition that, if left untreated, can cause blindness or vision impairment. pixels in a visual picture) to be an element of a number of clusters with different levels of membership, in contrast to the conventional K-means method. For every cluster, FCM gives each pixel a membership number that represents how much that pixel belongs to the corresponding cluster. Using Convolutional Neural Networks, to predict diabetic eye disease from retinal pictures entails utilizing deep learning to automatically detect pathological alterations linked to diabetes in the retina. Diabetes frequently results in diabetic retinopathy, a condition that, if left untreated, can cause blindness or vision impairment. CNNs are excellent at extracting hierarchical characteristics from pictures, which makes them useful for image classification and other related tasks. In this case, a dataset of labelled visual image search picture classified based on the level of severity of diabetic retinopathy is used to train CNN. The network gains the ability to identify unique patterns, including haemorrhages, exudates which enables it to forecast outcomes based on unobserved pictures in the testing stage. CNN adjusts its internal settings during training to precisely map aspects of retinal images to severity levels of diabetic retinopathy. The efficacy of Model in clinical applications is contingent upon its capacity to generalize to novel and unseen data. After being trained and verified, CNN may be used to forecast the degree of diabetes-related retinopathy in fresh retinal pictures, assisting medical practitioners in the prompt diagnosis and treatment of patients. This strategy might improve effectiveness of diabetic retinal degeneration screening programs, especially in settings with limited resources, as it offers a computer-assisted tool for recognizing and sorting out instances that would need more in-depth analysis by medical professionals.

## RESULT AND ANALYSIS

Diabetes patients can develop diabetic retinopathy (DR), a degenerative eye condition that can cause blindness or significant vision loss if left untreated in its early stages. The computerized diagnosis of diabetic retinal degeneration has demonstrated encouraging outcomes with deep learning approaches, transforming conventional detection methods. Large-scale datasets of retinal pictures are used to train deep learning models, especially neural networks based on convolution (CNNs), to identify patterns like tiny vessels, haemorrhages, and exudates that are suggestive of diabetic retinopathy. The trained models help medical practitioners identify and treat individuals at risk of problems from diabetic retinopathy in a timely manner by analyzing fresh retinal pictures and making accurate predictions. Deep learning's capacity to automatically extract complicated information from retinal pictures, enabling reliable and repeatable evaluations, is key to its effectiveness in the study of diabetic retinopathy. These models can effectively handle large-scale datasets by utilizing neural network power, which improves their generalization skills across a variety of patient populations. This diagnostic discovery for diabetic retinopathy speeds up the screening process and makes early intervention easier, which may help avoid permanent vision loss. As technology develops, deep learning integration into healthcare systems has enormous potential to enhance the accuracy and accessibility of retinal disease screening, which will eventually improve patient outcomes and assist the existence of people who suffer with diabetes.

## OUTPUT

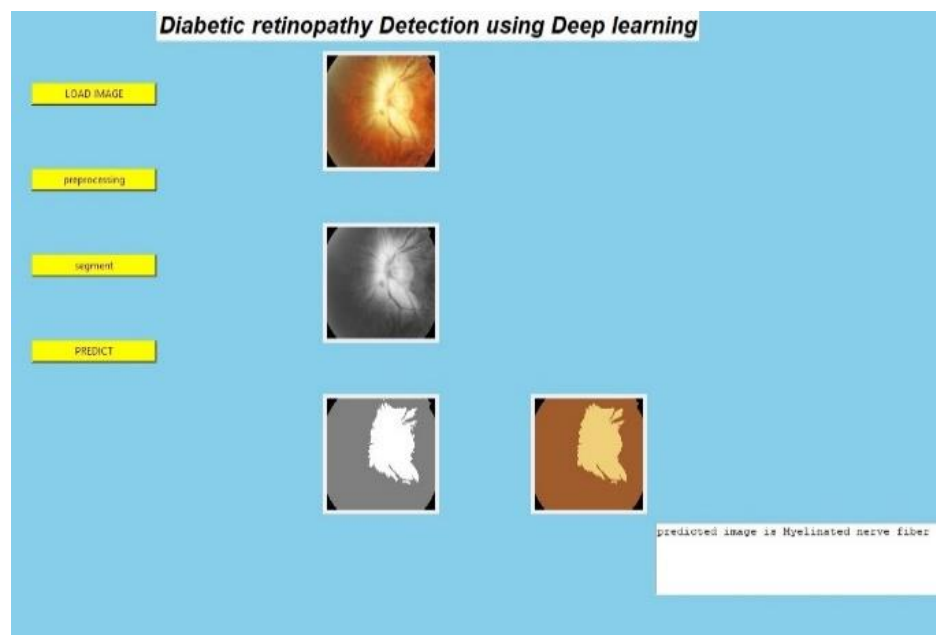


Fig 4. Output Image

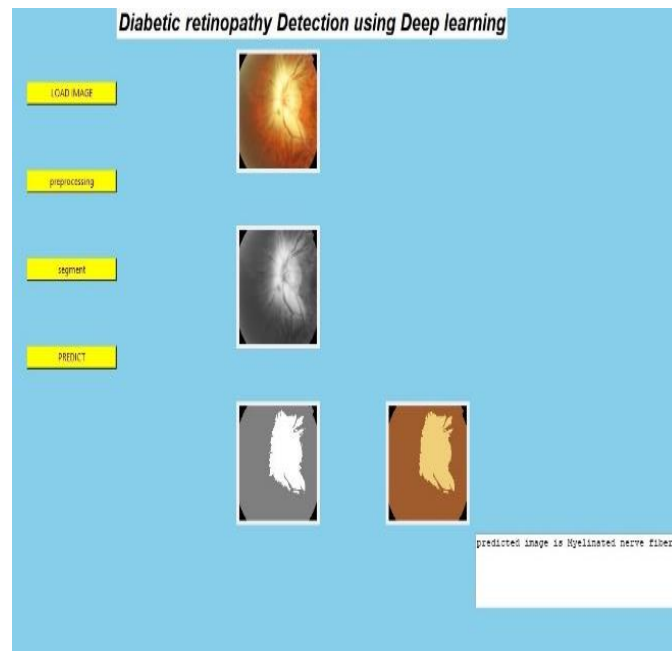


Fig 5. Output Image

## CONCLUSION

In summary, The identification of diabetic retinopathy utilizing deep learning represents a major advancement in the provision of accurate and efficient medical care. Through the use of the convolutional neural networks, machine learning algorithms are particularly good at identifying complex patterns found in retinal pictures linked to diabetic retinopathy. In addition to streamlining the screening procedure, this innovative technology gives medical practitioners the ability to recognize and treat the condition early on, perhaps averting visual loss. An effective way to enhance patient care is by incorporating deep learning into the study of diabetic retinopathy. This method is accurate and scalable. Additionally, it might improve the daily activities of persons who struggle with diabetes.

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